

GIVE OUR CHILDREN THE TOOLS FOR SAFE DATING & HEALTHY RELATIONSHIPS



Healthy Relationships and Dating Abuse Prevention

This program is a schedule-accommodating workshop specifically intended for 8th grade middle school youth. Offered in different formats: on-line (Zoom) or in classroom, there is an original 3-hour or an edited 1-hour version. Using highly interactive small- and large-group discussions, activities, role play (3-hour) and media components, *DATESMART* instructors help students:

- ◆ Understand the differences between healthy and unhealthy relationships
- ◆ Recognize patterns and behaviors related to dating violence
- ◆ Learn appropriate responses to potential dating violence situations
- ◆ Understand how to help a friend
- ◆ Know where they can go for help
- ◆ Understand the role technology plays in dating abuse.



DATESMART Student Quotes:

It was amazing.

It helped a lot in my decision making.

It is very helpful and full of information.

It changed my life!



Do you want to teach DateSmart content on your own?

Please contact Michele Dusenbery to access our free content and Instructor Manual!

To schedule workshops, contact DART at:

303-530-9447

www.dartdefense.org

The Need

- ◆ 1 in 4 teens will experience abuse in their dating relationship by age 18
- ◆ 20% between the ages of 11-14 say their friends are victims of dating violence
- ◆ 62% of all tweens in relationships say they know friends who are verbally abused
- ◆ 40% of teenage girls age 14 to 17 reported knowing someone their age who has been hit or beaten by a boyfriend.
- ◆ Nearly 25% of 14-17 year-olds surveyed knows at least one student who was a victim of dating violence, while 11% know multiple victims of dating violence. 33% of teens have actually witnessed such an event.

Fun!

Interactive!

Informative!

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**WHY CHOOSE DART &
DATESMART**



DART, Inc., is a nonprofit corporation that provides professional instruction in the prevention and management of violence in the workplace, in relationships, and in any other setting where the possibility of violence exists along with effective personal safety training.

All DART programs are designed, developed, and presented by experienced professionals in the fields of education, psychology, law enforcement, and criminal justice.

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**DART, Inc.
5056 Coventry Court
Boulder, CO 80301
303.530.9447**

DateSmart is a program of the
Empowered Youth Campaign
A Division of DART, Inc.



***TEEN HEALTHY
RELATIONSHIPS AND
DATING ABUSE
PREVENTION***



**BE DART SMART –
BE SAFE**

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